



Berry Radical Antioxidant Superfood

Berry Radical is a **revolutionary certified organic**, antioxidant superfood designed to assist the body in attaining vibrant health, wellbeing and longevity.

One serving of Berry Radical contains over 4000 ORAC units. In addition, 150g box of Berry Radical contains 128,000 ORAC units.

To get the equivalent amount from other foods, you would have to buy:

- 5kg of Blueberries
- 8kg of Raspberries
- 10kg of Strawberries
- 7 bottles of Mangosteen juice
- **10 bottles** of Goji juice or
- **28 bottles** of Noni juice!

The ingredients in Berry Radical are proven to assist the body in neutralising free radical damage which may be caused by cigarette smoke, toxins, pollutants and poor eating habits.

- Rich with anti-aging antioxidants
- Helps quench damaging free radicals in the body
- A potent combination of certified organic raw cacao (chocolate!), fruits & berries to support a healthy immune system
- May slow the processes associated with aging
- 4000 ORAC units per serve!

What are ORAC units?

ORAC; short for Oxygen Radical Absorbance Capacity is a standardised measurement of the total antioxidant power of a substance. Antioxidant power has the ability to neutralise oxygen free radicals.

Nutritionists recommend that we consume around 5000 ORAC units per day to significantly impact antioxidant activity in the body and reduce free radical damage. If you are not eating at least 10 servings of fruit and vegetables every day, you're not getting the recommended amount of ORAC units to mop up the damage caused by free radicals in your body.

How to use it:

Berry Radical has a rich chocolaty taste; take one portion controlled sachet, one or more times per

day.

Make a delicious beverage by blending Berry Radical with hot water and either rice milk, soy milk or dairy milk. Sweeten to taste. Or add to your favourite smoothie to supercharge it.

Berry Radical contains 10 of the world's most potent antioxidant superfood: Raw Cacao (chocolate), Coffee berry, Acai berry, Goji berry, Blueberry, Raspberry, Strawberry, Pomegranate, Olive and Dunaliella Salina



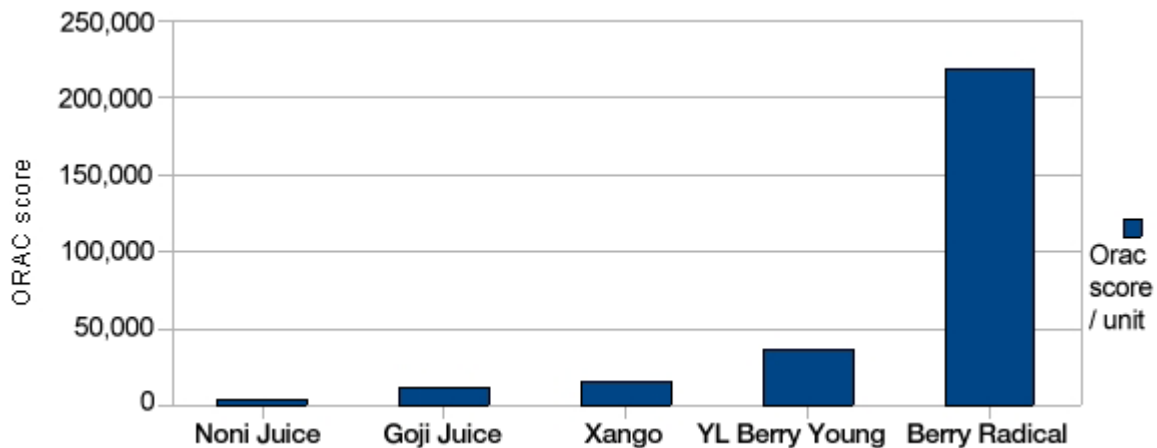
Berry Radical performance:



We asked Brunswick Laboratories to put Berry Radical through it's paces and see how it performed. Brunswick Labs is recognised internationally by leading health research institutions and companies in the nutraceutical, pharmaceutical, food and cosmetic industries, as a world leader in research and diagnostic services related to antioxidants and oxidative stress. See the [report from Brunswick Labs](#).

We compared the antioxidant power of Berry Radical to some high antioxidant supplements on the market. Below is a graph of the results:

ORAC Comparison of Antioxidant Products



Yes, that's right... one box of Berry Radical contains 217,200 ORAC units!

See the ORAC score per serving in the table below:

Supplement	OR AC Score / Serving	Additional information about the product
30ml Tahitian Noni Juice	165	Reconstituted concentrate
30ml Himalayan Goji Juice	380	Preserved with sodium benzoate and potassium benzoate Reconstituted from concentrates
30ml Xango	530	Preserved with potassium sorbate and sodium benzoate Reconstituted from concentrates
30ml YL Berry Young	1130	Preserved with potassium sorbate and sodium benzoate Reconstituted from concentrates
5g sachet Berry Radical	7240	Certified organic, freeze-dried, raw, living fruits, berries and cacao (chococolate)

Preservative-free

Then we looked at much you'd have to buy of our competitors product to get the equivalent amount of ORAC units contained in ONE BOX of Berry Radical.

Below is how much you'd have to spend:

What you'd have to buy	How much you'd have to spend
6 bottles of YL Berry Young	US \$324
12 bottles of Xango Mangosteen juice	US \$480
17 bottles of Himalayan Goji juice	US \$893
41 bottles of Tahitian Noni juice	US \$1727

What Are Free Radicals And Why Do We Need Antioxidants?

Oxidation occurs when free radicals (highly reactive, highenergy particles) ricochet wildly throughout the body and damage cells. Free radicals can be produced within the body by natural biological processes or introduced from outside via tobacco smoke, toxins, pollutants and suboptimal eating habits. Free radicals accelerate the progression of cancer, cardiovascular disease, rheumatoid arthritis, chronic fatigue, and agerelated diseases. Antioxidants found in fruits and vegetables help to neutralise free radicals in our bodies.

Australians are encouraged to eat 7 serves of fruit and vegetables a day. Specifically, 2 serves of fruit and 5 serves of vegetables each day. Many people struggle to eat the recommended amounts of fruits and vegetables each day. Within Australia, only 14% of men and 21% of women report eating the recommended four or more servings of vegetables daily.

Narelle & Colin's Raw Smoothie Recipe

Narelle is often asked how she uses Berry Radical in her daily life, besides making the scrumptious warm beverage.

"We have a super-charged way to start our day; it's our organic, raw, green, smoothie. It's a delicious, nourishing, meal that keeps us going until lunchtime.

- 1 x baby green coconut (juice and flesh)
- ½ cup of fruit of the season (paw paw, mango, peaches, pears, berries)
- 1 x banana
- 1 x handful of goji berries
- 1 x tsp bee pollen granules
- 1 x tsp maca root powder
- 2 x tsp In-Liven
- 1 x sachet Berry Radical
- 1 x tbs spirulina (or chlorella)
- 1 x tbs barley grass (or wheat grass)
- 2 x tbs crushed linseed (or chia seed)
- 1 x big handfull of spinach (or other leafy green)
- 1 x tbs flax oil (or evening primrose or hemp, or good EFA blend)
- 2 x tbs undenatured whey protein

Blend in a powerful blender (like a vitamix or ice-tank) until smooth, creamy and green! Additional hint: to crush the linseeds or chia seeds, purchase an inexpensive coffee grinder from your local supermarket."